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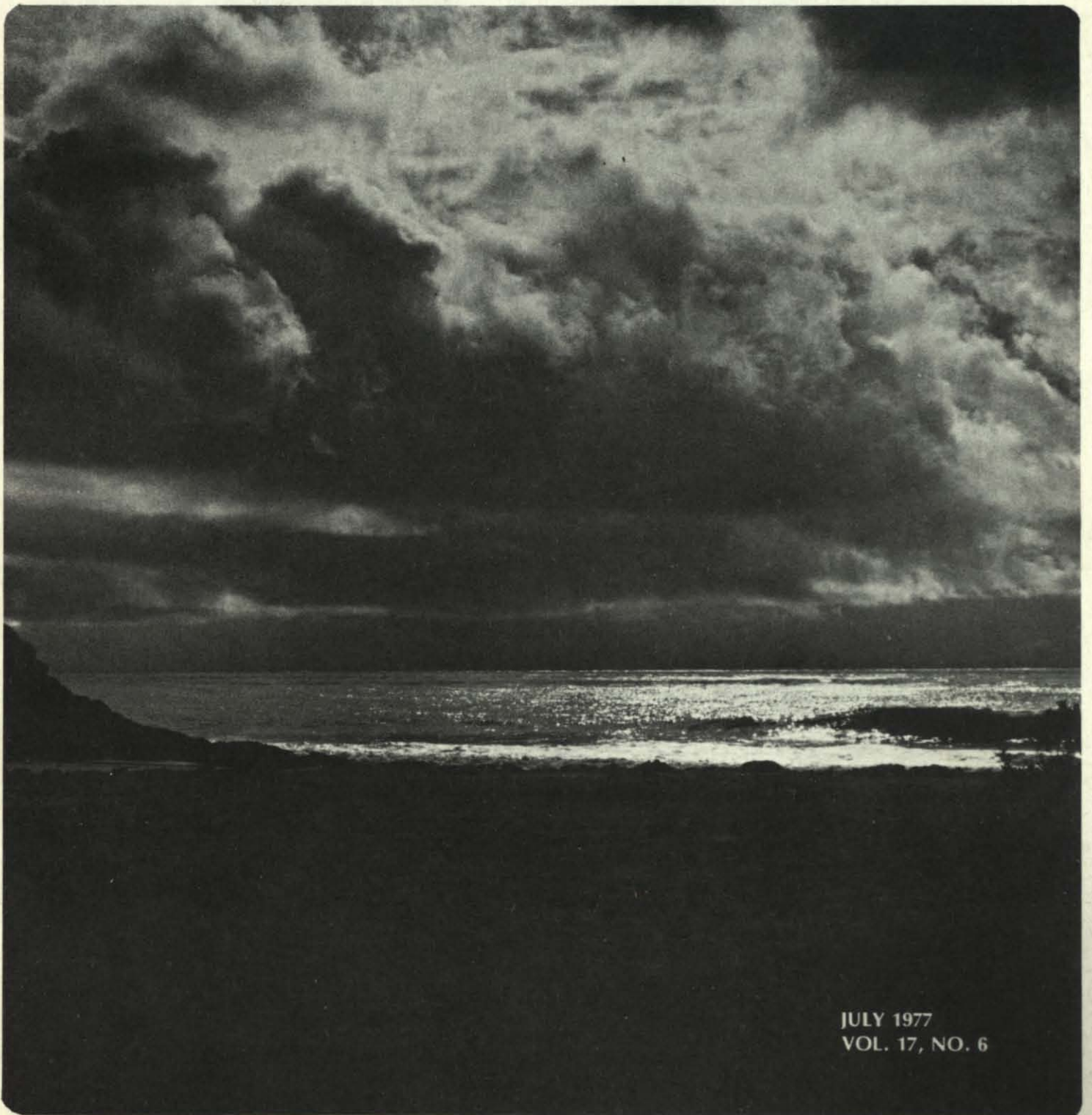
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the classmate

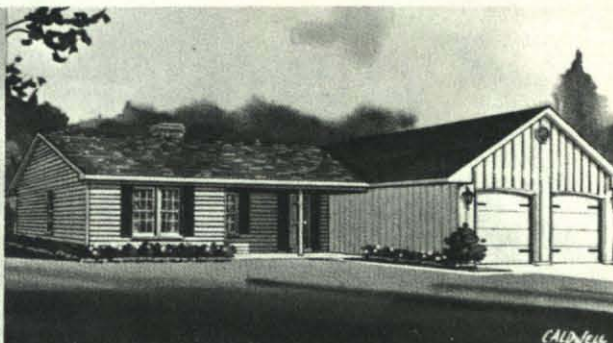


JULY 1977
VOL. 17, NO. 6

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the classmate

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in this issue...

FOCUS OF THE MONTHARTS AND CRAFTS

The Ancient Art of Pottery	22
Needlework Shops in the Area	24
All That Glitters	25
Lots of Arts and Crafts Courses Offered By the Peninsula's Adult Schools	26
New Art Form Receives Recognition	27
Fort Ord Arts and Crafts Center — Something For Everyone	28
The Art of Stained Glass	32

FEATURE SECTION

International Message	10
Explore the World of Wine: France and Germany	11
Navy Bleu	13
Little Theatre	14
Where It's Happening	15
The Peripatetic Palate	17
Live Wire	19
Legal-Ease	20

NAVAL POSTGRADUATE SCHOOL NEWS

Navy Memorial Day Match Races	9
Navy Relief Volunteer Awards	9
Carl E. Menneken Fellowship Awarded	9

OSWC NEWS

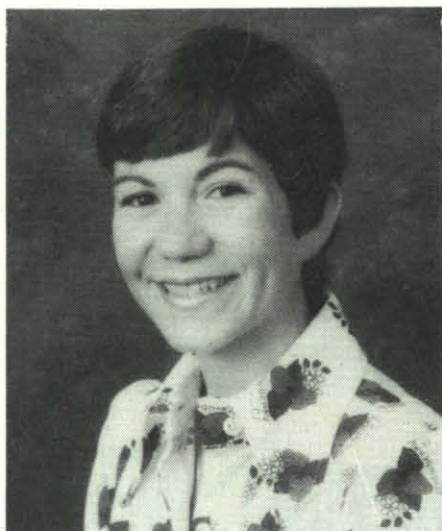
President's Message	4
First Vice-President's Message	4
Art Auction Proceeds Allocated	5
Paperback Book Exchange	5
Family Service Workshop	5
OSWC August Fashion Show	6
OSWC House Tour Highlights	7



On the cover:

This striking photograph of storm clouds over the ocean was taken by Terri Calamoneri. Terri is a student at California State Polytechnic College in San Luis Obispo, majoring in recreation administration and minoring in photography. She became involved in photography in 1976 as a natural step in her art interests. At the present time she is devoting as much time as possible to her career in photography with hopes of eventually doing professional freelance work. □

editor's notes...



Aloha! What a lovely — and convenient — word. It signifies hello, goodbye, and love all in one. This month CLASSMATE says "hello" to all new arrivals to the Naval Postgraduate School. This is a beautiful area of the world to be in; there is so much to see and do. I sincerely hope you enjoy your new home. CLASSMATE comes to you ten times each year through your husband's SMC box. Please be sure he brings it home. It is published during the first week of each month, except for April and October. The magazine is full of activities and features which we hope will help you enjoy your stay here. Any of you who are interested in working on the CLASSMATE staff, please call me at 372-7876. We always need your help.

Callers from OSWC's Welcome Aboard Committee will be dropping by to personally greet each new wife. At this time, she will tell you all about OSWC and NPS. Just a hint, though — do join OSWC while you are here. This is not your ordinary wives' club. Numerous classes are offered in every imaginable area; monthly activities run the gamut from home tours to art auctions; bargain fairs, Military Ball, and even a few coffees await you.

CLASSMATE also bids farewell to all the graduates and their families who still caravan out of La Mesa daily and on to new adventures. Smooth sailing.

The focus of this month's issue is Arts and Crafts. I am not at all artsy (although some folks have indicated that I am certainly crafty enough), thus my talented

staff provided several fine articles on their favorite arts or crafts about which I know very little. However, after reading the articles, I have experienced an overwhelming desire to learn how to do something artsy. I hope you enjoy them and learn as much from them as I did.

Bill Sykes is back this month with the final installment of his excellent wine series. Bill has added immensely to our knowledge of wines and I thank him very much for his time and his extremely interesting articles.

Next month our focus is food, one of my very favorite subjects. If you have any particularly unusual food you'd like to tell us about, the deadline is July 12th. Just drop your thoughts into SMC 2330.

Again, welcome to Monterey. □

Lari Johnson
Editor-in-Chief

Readers

Thank you, gratias, mahalo and merci for your great response to our June issue. It seems that CLASSMATE has missed its calling and should devote more of its space to humor. I hope future editors will do so. I had a ball putting it together and I am so glad you enjoyed reading it. (In fact, it was nice to find out that so many of you know how to read!) Thanks to all of you who took the time to express your opinions about the issue to me and the staff. We appreciate feedback both pro and con (although we do appreciate pro more).

Apologies for the tardiness of the July issue. What with the break and all....

Ed.



Dining out:

"Best Chinese Restaurant We've Found ..."

"The FORTUNE COOKIE is The best Chinese restaurant we've found and is the first Peninsula Restaurant specializing in the Mandarin-Szechwan style of cooking . . . The menu offers such intriguing dishes as Sizzling Rice Soup, Mu Hsi Pork, and Mongolian Beef which are examples of the flavorful Northern Chinese cuisine — Delicious! . . . Service was excellent . . . The bill was inexpensive . . . We heartily recommend this fine Chinese restaurant." *THE CLASSMATE*

"The FORTUNE COOKIE Restaurant on Alvarado St. in old Monterey must qualify as a discovery among Peninsula restaurants." *Monterey Peninsula REVIEW*

"Authentic Szechwan food on the Monterey Peninsula? Emphatically YES! at The FORTUNE COOKIE RESTAURANT in Monterey. If you've never tried this special cooking (far more flavorful than the better known Cantonese), now you know where to find it." *GADABOUT*

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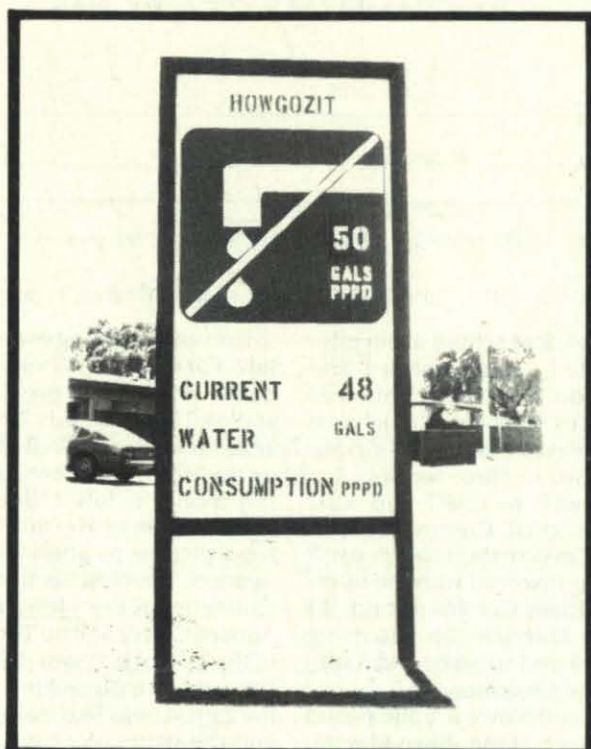
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OSWC NEWS...



PRESIDENT'S MESSAGE
Mary Beprestis

Here we are back at school again after that long-awaited, much-needed and too-short vacation. Our family visited all the familiar places we love so much and just generally relaxed. I hope all of you had a relaxing two or three weeks.

We said farewell to CAPT and Mrs. Taylor, International Committee Advisors, in June. I'm sure their absence will be felt by all of us involved with the International Committee. Congratulations to John and Sandy Kolodziej on becoming the new advisors and to Mike and Kathy Werner, the new Chairmen.

Cheryl and David Howe are the proud parents of Christen Marie, born May 28. She's a darling baby and a welcome addition to our Board!

Tons of upcoming events are on tap for July. For example, Cheryl has a Transcendental Meditation evening planned for you on Thursday, July 7th. Make your reservations now and satisfy your curiosity on the 7th. The Governing Board meeting this month is July 11th at 8 p.m. in the Tower Room of Herrmann Hall, and you are welcome to attend. No reservations needed! The New Section Leaders' Wives Coffee is on the 14th and the Welcome Aboard Coffee will be Thursday, July 21st, in the La Novia Room. Internationals and sponsors are picnicking at Toro Park on the 23rd. Looks like we're all getting back into the swing. We have a fashion show, Flouride program and OSWC Elections in August. Hope to see you all soon. □



FIRST VICE PRESIDENT
Cheryl Howe

A hearty hello is extended from OSWC to all new students and their wives. This section of the CLASSMATE is to inform the wives of OSWC's programs and events. We're looking forward to seeing all of you, new or old, through OSWC.

I hope everyone rested up during the June break because the next two months are full of places to go! Let's begin with the month of July.

There are two programs for the new wives. A New Section Leaders' Wives

Coffee will be held on Thursday, July 14th, at 7:30 p.m. in the Tower Room. This coffee is for the section leaders' wives who have just come to NPS for the quarter starting in July. The following Thursday, July 21st, there will be a Welcome Aboard Coffee at 7:30 p.m. in the La Novia Room. This is for all new wives in the area.

The last event for July, but certainly not the least, is a bus trip to San Francisco on Friday, July 29th. The bus will depart at 8:00 a.m. from Spruance and Farragut and will leave San Francisco at 6:00 p.m. The lovely St. Francis Hotel (across from Union Square) is our rendezvous point for drop off and departure in San Francisco. Spend the day in San Francisco sightseeing and/or shopping on your own, and leave the driving to us! The price is \$7.00 per person. RSVP to Karen Ashim at 649-8307 or me at 649-1991 by July 25th. Payment due to Karen Ashim, SMC #2718, by July 25th. A reservation form follows this article. No cancellations after July 25th.

August is not quite as busy, but the programs are just as exciting!! Here's a sneak preview. On August 9th, the Barbara McNitt Ballroom will be the scene of OSWC's Fall Fling Fashion Show presented by Macy's Department Store. This

gala event will begin with cocktails at 11:30 a.m. (no host bar) followed by lunch from 12-1:00 p.m. Lunch will be the Club's "Bold Baron Salad." For those of you who have never enjoyed the "Bold Baron Salad," it is a hefty, make-your-own chef salad served with bread, butter, coffee or tea. OSWC members will model fashions from Macy's after lunch. The price is \$3.25 for members and \$4.50 for non-members. Reservations may be made by contacting Sandy Geibel at 649-0645 or Carol Williams at 373-4539 by August 2nd. Payment is due to Sandy Geibel by August 2nd, SMC #2171. A reservation form follows this article. Cancellation date is August 4th.

There will be an evening program on August 18th featuring our elections and installation of officers and a demonstration of hair fashions and make-up techniques by Hair Odyssey. More information on this program will be forthcoming in next month's issue of CLASSMATE and the Pink Flyer.

It seems I've bombarded you with a long list of dates, so I'll let you go make babysitting arrangements and mark your calendars! Whether you're new or old to our beautiful Monterey area, please come join us in OSWC and let's get acquainted!!! □

BUS TRIP TO SAN FRANCISCO

NAME(S) _____

SMC # _____ PHONE # _____

AMOUNT ENCLOSED \$ _____ (Payable to OSWC)
29 July 1977 — BUS TRIP TO SAN FRANCISCO

\$7.00 per person. Payment due by July 25th to Karen Ashim, SMC # 2718.

OSWC'S FALL FLING FASHION SHOW & LUNCHEON

Barbara McNitt Ballroom

NAME(S) _____

SMC # _____ OSWC # _____ PHONE # _____

AMOUNT ENCLOSED \$ _____ (Payable to OSWC)
9 August 1977 — Fashion Show & Luncheon

Price is \$3.25 for members, \$4.50 for non-members

Payment is due to Sandy Geibel SMC # 2171, by August 2nd. Cancellation date is August 14th.

Art Auction Proceeds Allocated

The March OSWC Art Auction netted a total of \$2,843.00, all of which will be distributed to local military and community organizations. This year the money has been allocated to the following:

- The Blind Service Center
- The Red Cross
- La Mesa School PTA
- The Childbirth Education League of Monterey
- National Foundation for Sudden Infant Death
- Multiple Sclerosis Society (local chapter only)
- CLASSMATE
- OSWC International Committee
- The Child Abuse Prevention Council
- YMCA
- YWCA
- Gateway Center for the Retarded ☐

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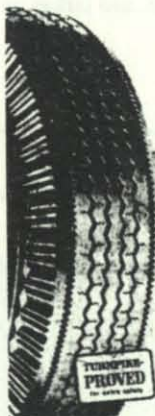
If you have books that you have read and do not want to keep, bring them to the La Mesa Toolroom on Tuesdays from 2-4 p.m. or Saturdays from 8 a.m.-4 p.m. and exchange them for others. There is no charge and the book exchange is open to everyone. The Book Exchange is also in need of books which will remain in the Exchange permanently to be used as loaners. If you have donations, bring them by the toolroom at the above times. ☐

Family Service Workshop

"Raising Children on the Move," a workshop designed for the Navy family dealing with parenting roles and discipline, facilitating family communications, separations and reunions, transfers and moves will be held at the Family Service Agency, 1030 Cass Street, Monterey, on Saturday, July 23, 9-4; Thursday, July 28 and Aug. 4, 7-9:30 p.m. The cost is \$2.00 per person, \$3.00 per couple. Instructors: Kathryn Decker, M.S.W. and Richard Schmuker, L.C.S.W. For information and registration, call 373-4421. ☐



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SWC August Fashion Show



Fall softly into fashion with Macys Department Store, located at Del Monte Shopping Center. Macys will give a sneak preview of it's new fall fashions at the show.

By Sonnie Bailie

The August Fashion Show and Luncheon will be held August 9 in the Barbara McNitt Ballroom. Cocktails begin at 11:30 with a no host bar. Lunch will consist of the Bold Baron Salad, a make your own chef salad, bread and butter, coffee or tea, and will be served from noon til 1:00 p.m. The cost is \$3.25 for OSWC members and \$4.50 for non-members. *Reservations and cancellations* must be made by August 4 to Sandy Geibel at 649-0645 or SMC 2171. So if you haven't already made plans to join the festivities, please do! □



Sandy Geibel relaxes in a beautiful beige corduroy skirt and jacket outfit by Evan Picone.



Sharon Jones is wearing a striking wine corduroy pants suit by Jones of New York.



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OSWC House Tour Highlights



An elegant Oriental carpet highlights the Sapp's living room. The tasteful setting combines Eastern and Western furniture expertly.



Each room can be divided into many individual areas by clever interior design. This little study area is enhanced by a Tiffany lamp and several works of art.



The Lemke's living room combines pieces in several styles and various periods which blend beautifully into an attractive, comfortable setting.



Collections of every sort hung on walls or displayed on shelves make excellent, personal decorating touches throughout the home. Nancy Lemke's antique cooking utensils and Barbara Barron's hat collection are two fine examples.




Filomena Sittler admires one of the Barron's collections of art and artifacts. Many of the paintings were done by members of the Barron family.



Trailing plants up the steps of a stained step-ladder provide the perfect showplace for greenery.



The Beprestis' dining room overlooks the bay. It is inviting in its simplicity.



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Don't ignore the bathroom when you are decorating. Barbara Barron's addition of a fishnet and glass floats to an ordinary shower curtain do wonders for the bath's decor.



Bob Lemke built shelves into one wall of their La Mesa duplex bath and Nancy filled the shelves with lots of plants and this antique shaving mirror.

naval postgraduate school news

Navy Memorial Day Match Races

After a tie-breaking run-off with two other crews, the Santa Margarita Sailing Club of Camp Pendleton captured the LT C.T. Biswanger III Memorial Trophy in the Navy Memorial Day Match Races held here May 28-30.

At the close of racing on Sunday, three crews were tied for first place. A meeting was held to determine how the winner would be chosen. The decision resulted in a Monday morning Fleet Race run-off which pitted three crews racing against each other in one race.

Camp Pendleton earned first place, Long Beach second place, and Mare Island third as a result of the run-off race.

Skipper of the winning crew was CDR David A. Neal, with crewmembers LCDRs Norman A. Dean and Robert W. Reighley, LT Rick Wolf, and WO Robert Marshall.

Seven other Navy West Coast sailing teams competed in the one-on-one competition races. San Diego Team 1 placed fourth, and another three-day tie occurred for fifth place, involving Naval Postgraduate School, Channel Island, and Treasure Island. San Diego Team 2 placed last.

Good sailing weather prevailed all weekend, and competition was keen, as

evidenced on Sunday, when the two ties resulted.

Approximately 1,000 people observed the races from vantage points along the Monterey Coast as well as from the Navy's Research Vessel *Acania* which hosted about 200 people over the weekend. The *Acania* was anchored along the main course of the event.

The winning team gains custody of the Biswanger Trophy until next year's competition. The Biswanger Memorial Trophy was named in honor of a naval yachtsman and one-time student at NPS who lost his life while hiking in the mountains south of Monterey. □

Navy Relief Volunteer Awards

An Awards Coffee was held May 20th at the quarters of ADM and Mrs. Linder to honor Navy Relief Volunteers. The awards were presented by Ann Myers, Office Chairman of the Monterey branch, and included the following:

100 Hour Award: Barbara Bingay, Peggy Carter and Sharon Welch.

300 Hour Award: Linda Miller.

600 Hour Award: Carol Burgess and Joyce Hammer.

1000 Hour Award: Pat Farrell.

2000 Hour Award: Eleanor Keenan and Ann Myers.

2500 Hour Award: Ann Myers.

CAPT S.T. Howard, Executive Director of the East San Francisco Bay Auxiliary, presented certificates to the class that recently completed the mini-course for Navy Relief interviewers. Those receiving certificates were Frances Casteel, Rosemary Grandon, Linda Miller, Jane Spencer, Barbara Vugteveen and Sonnie Bailie.

We also had the unpleasant task of saying farewell to two of our dedicated volunteers, Ann Myers and Claudia Williams. They will be missed both as workers and as friends. □

Carl E. Menneken Fellowship Awarded for Second Time

The Carl E. Menneken Fellowship for Scientific Naval Research, established in 1975 by the Naval Postgraduate School Foundation, Inc., has been awarded for the second consecutive year.

The recipient is Laurence S. Costin, a Ph.D. candidate in engineering, specializing in solid mechanics at Brown University, Providence, R.I.

Costin is a Navy veteran who earned bachelor's and master's degrees in engineering at Brown University. He has conducted research with the University of Arizona and the University of Illinois.

His Ph.D. thesis deals with fracture initiation in metals under stress wave loading conditions. This area of research into structural tolerance to a wide range of temperature and loading is expected to enhance design characteristics of storage tanks, tankers, and pressure vessels and to provide improved reactor surveillance.

The Menneken Fellowship was established as a memorial to the late professor and longtime Dean of Research at the Naval Postgraduate School. □



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feature section

INTERNATIONAL MESSAGE

By Sandy Kolodziej



FAREWELL

These past nineteen months have been a truly unforgettable experience for me and my family. Any doubts I might have had about accepting the position of International Chairman were quickly dispelled by the support and cooperation of each of you. You are such wonderful people and I love you all.

On 1 July I will step aside as Chairman and John and I will move into the position of advisors to the committee. We are scheduled to remain at NPS until July, 1978, and promise to remain active with the committee. Kathy and Mike Werner, who have been our assistants, will assume the job of Chairmen. They have been very active with the Internationals and are anxious to become better acquainted with each of you.

The International Committee provides a unique opportunity to us at NPS. If you are not involved with the International students and their families, you are

missing one of the most enriching experiences your family could ever know. The chance to live and share daily life with people from so many different countries and cultures is a great reward for the energy expended. When I recall the many events of the year — the Hearst Castle tour, American Government class field trips to Sacramento, Reno, San Francisco, the Salinas Rodeo, graduation farewells, new students' welcomes, Great America, the July picnic, children's Christmas party, Valentine's Dance, ladies' coffees, cooking class — I feel that



Kathy Werner

everything was summed up by the finale of the International Day show. As each country's flag was brought forward and the show's theme, the "Impossible Dream," played in the background, I felt very proud to be a member of this wonderful group of people. Thank you so very much for each moment and memory.□

Interested in Sponsoring an International Student? If you enjoy making new friends, here is one of the most interesting opportunities you may ever have. Many of our current sponsors graduated in June, so that a large number of foreign students will want to make new American friends. Also, a number of new International students will be arriving in July and August. A sponsor is simply a friend that helps acquaint the International with our country and makes him feel at home in the USA. Being a sponsor to an International student at NPS is a most valuable opportunity to learn about people of other nations. If you are interested, please call Kathy Werner at 373-2345.

Don't Throw That Away. Give it to the International Committee. We need furniture for the International Furniture Closet. If you have any pieces that you would be willing to donate, please call Mercedes Carro at 649-3619. Most of the foreign students are not allowed to ship household goods to the USA. So this furniture is very much needed and appreciated. ALL donations are tax deductible.

Hospitality Closet. Donations are always needed for the Hospitality Closet. The Closet is located in Herrmann Hall and available to all International students. Any dishes, silverware, pots and pans, blankets, sheets, or towels that you are thinking of discarding can be put to good use. Please call Merna Dearth at 649-4461.□

Coming Events

14-17 July — Salinas Rodeo
23 July — International Picnic —
Toro Park
For information call Kathy Werner
— 373-2345

Explore the World of Wine: France and Germany

By William G. Sykes

The subject of this month's column is the wines of France and Germany. One piece of knowledge which can be very useful to anyone attempting to select a reliable wine from the often bewildering array of wines from these two countries is an acquaintance with some of the more reliable shippers of these wines. The wines discussed below are regional or township wines; as such they are blends of grapes from a few or perhaps many different growers or vineyards. It is the shipper who decides which grapes he will buy to make his particular blend of a given wine type. Knowing a few of the better shippers can help one to decide among several bottles of wine, all from the same vintage year and all carrying the same name. For Bordeaux wines, both red and white, consistently reliable shippers include **B and G, Ginestet, Baron Phillippe de Rothschild, Armand Roux, and Sichel**. Burgundy (both red and white) and Beaujolais shippers include **Sichel, B and G, Armand Roux, Alexis Lichine, Louis Jadot, Joseph Drouhin, and Paul Bocusse**. Dependable shippers of German wine include **Havemeyer, Kayser, Sichel, Heitz and Knod, and Beameister**. The above is by no means all-inclusive, nor does it imply that if you like one **Jadot** wine you will like them all; it is simply intended to offer a safe starting point for exploration into previously untried wine. As a footnote, any wine bearing the words "**Frank Schoonmaker Selection**" somewhere on the label should be excellent. Mr. Schoonmaker was America's foremost wine authority until his recent death, and wines bearing his name have always been excellent representatives of their type. The following discussion of wine types will emphasize grapes used, general characteristics, and names to look for on labels when searching for a particular type of wine.

French Red Wine

Red Bordeaux — The grape used in red Bordeaux is the cabernet sauvignon, usually blended with varying percentages of a few others; in some areas of Bordeaux, such as **St. Emilion** and **Pomerol**, the other grapes used comprise more than 50% of the wine. Baron Phillippe de Rothschild's **Mouton Cadet** is a good example of a wine bearing the regional appellation **Bordeaux**. Appellations **Medoc, St. Emilion, Graves, and Pomerol** all refer to sub-regions within Bordeaux, and denote wines a step higher in quality. Four well-known wine producing communes (townships) within the sub-region Medoc are **St. Estephe, St. Julien, Margaux, and Pauillac**. While it is hazardous to generalize about the wines of Bordeaux due to the variety which exists within the region, I offer this suggestion. If you like a big, gutsy California cabernet sauvignon, try a Medoc, Graves, or one of the commune wines mentioned above. St. Emillions and Pomerols are a little softer, a bit more easily enjoyable, due to the lesser percent of cabernet sauvignon in their composition.

Red Burgundy — The grape used here is exclusively the pinot noir. A few of the more commonly seen appellations denoting Burgundy are **Beaune, Cote de Beaune, Volnay, Pommard, Nuits St. Georges, Pernand-Vergelesses, Vosne-Romanee, Rully, Givry, and Mercurey**. The latter three are considered less good than the others and have achieved less acclaim, but are nonetheless good red Burgundies. They are likely to be excellent values if you can find them. Burgundies generally are rounder, less hard wines than Bordeauxs, and for this reason may have more appeal to more people. I might also point out that there is no relationship between California burgundy and French Burgundy. While some of the California burgundies are good



wines in their own right, one should not pre-judge French Burgundy on the basis of a California wine he may have had and found to be unsatisfactory.

Beaujolais — All Beaujolais is made from the gamay grape, and is generally light, fruity, smooth, among the few red wines that is pleasant with or without food. Appellation **Beaujolais — Villages** refers to Beaujolais produced from one of 35 townships considered superior to the rest of the area. The nine best of these are entitled to their own appellations; these are **Fleurie, Morgan, Brouilly, Cote-de-Brouilly, Moulin-a-Vent, Chiroubles, St. Amour, Chenas, and Julienas**. These latter nine are bigger, more full-bodied wines, but they somehow retain the easy drinkability of the lighter Beaujolais.

Rhone Valley — In contrast to most other French wine, the wines of the Rhone Valley are blends of many different grape types; some thirteen are used in the well-known **Chateauneuf-du-Pape**. Appellation **Cotes-du-Rhone** is the regional appellation, and wines carrying it are often good, less expensive alternatives to Chateauneuf-du-Pape. Rhone Valley wines are generally big, full bodied, robust red wines.

French White Wines

Bordeaux — White Bordeaux is made from the semillon or the sauvignon blanc grape; the most significant appellations to look for are **Bordeaux, Bordeaux superieure, and Graves**. Wines carrying the appellations **Sauternes or Barsac** are also white Bordeaux, but in contrast to the others, they are sweet dessert wines.

Burgundy — White Burgundy is made exclusively from the chardonnay grape. French **Chablis** is white Burgundy, as is the well-known **Pouilly-Fuisse**. If you've ever tried a Pouilly Fuisse and thought it overpriced, try a wine carrying the appellation **Macon or Macon-Villages**. These are the same style as Pouilly-Fuisse, but considerably less expensive.

Loire Valley — Several good, relatively inexpensive white wines come from the Loire Valley. These include appellations **Vouvran** and **Saumur** (made from chenin blanc grapes). **Sancerre** (sauvignon blanc grape) and **Muscadet** (from the grape of the same name). Vouvrays can range from dry to medium sweet depending on which one you buy; the others are, for the most part, dry wines exclusively.

Alsace — The wines of Alsace all carry the same regional appellation, but in contrast to usual French practice they are also named for the grape from which made.

The best is the reisling; others used are the syvaner, pinot blanc, and gewurztraminer. Alsatian wines generally, and the rieslings in particular, are smooth, mellow, fruity wines, with a refreshing tart/sweet balance which makes them extremely pleasant wines to sip on a warm afternoon.



German White Wines

Germany's reputation for wine is based exclusively on its white wines; German red wine is of low quality and is seldom exported anyway. The two major wine producing areas are the Moselle and Rhine river valleys. Moselles come in tall, thin, green bottles; Rhine wine bottles are similarly shaped but are brown. All

German wines are light, smooth, fruity, extremely pleasant drinking wines. The distinction usually drawn between Rhine and Moselle wines is that the former tend to be relatively more full-bodied, perhaps a little higher in alcohol than the latter.

Rhine — Any **Liebfraumilch** is a Rhine wine; there are many examples of this particular wine that are considerably less expensive than the popular (and overpriced) Blue Nun. Three other Rhine wines that come to mind are **Johannisburger, Riesling, Steinberger Riesling Kabinet, and Niersteiner Domtal** (or **Niersteiner Gutes Domtal**).

Moselle — **Moselleblumchen** is the Moselle equivalent of the Rhine's Liebfraumilch. Better Moselles include such names as **Bernkastler Riesling, Bernkastler Kurfurstlay, Piesporter Goldtropfchen, Zeller Schwarze Katz, and Korver Nackstarch**.

This article concludes what has of necessity been a very superficial look at the fascinating world of wine. For those interested in doing so, there are few better places to explore the world of wine than northern California; you will undoubtedly make discoveries that I was unable to make in my 18 months at NPS. I hope that this series of articles has done a little bit to facilitate that exploration. □



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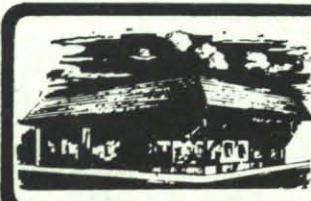
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MARINADES

To marinate is to allow meat, fish, or vegetables to stand in a liquid for a certain amount of time.

Marinades can do many things for you! They spread the flavor of a food; they make bland foods more flavorful; they preserve the color of foods; they hide flavors; and very importantly, they tenderize.

A marinade can be as simple as Italian salad dressing or a zesty mixture of oil, vinegar, and packaged salad seasonings. Conversely making a tasty and effective marinade can entail using many ingredients and can involve more than one step.

Things To Remember About Marinades:

1. Use wooden spoons and glass or stainless steel dishes because of the acid usually present in a marinade.
2. The effect of a marinade is hastened at higher temperatures, but so is the growth of bacteria.
3. Refrigerate foods in their marinades if the soaking time is longer than an hour.
4. Meat cubes should only be soaked 2 to 3 hours in a marinade, whereas a whole piece of meat should be soaked overnight.

Enjoy the Following Marinades!!

COLD MARINADE

3 tablespoons oil
6 tablespoons lemon juice or vinegar
1 teaspoon salt
½ teaspoon pepper
½ teaspoon onion juice

NAVY BLEU

By Betsi Stone



For fish, use three tablespoons vinegar and three tablespoons lemon juice. Mix ingredients in order given.

TANGY MARINADE

Mix in a bowl or screw-top jar:

1 tablespoon sugar
1 teaspoon salt
1 teaspoon dry mustard
1 teaspoon paprika
¼ teaspoon celery salt

Add:

¾ cup salad or olive oil
¼ cup cider vinegar, tarragon vinegar or lemon juice

Beat mixture with a rotary beater or shake until well blended. Add 1 clove garlic. Store covered in refrigerator. Before using remove garlic.

OIL-VINEGAR MARINADE

Put in a small screw-top jar:

½ cup vinegar
2 tablespoons olive oil
1 tablespoon sugar
1 teaspoon salt
½ teaspoon freshly ground pepper

Cover tightly and shake jar until ingredients are well blended. Refrigerate if not to be used immediately.

MARINATED GREEN BEAN SALAD

Put into a bowl:

3 cups cooked green or waxed beans
Combine in a saucepan:
1-1/3 cups cider vinegar
2/3 cup water
½ cup sugar
1 onion, cut in halves
1 tablespoon mixed pickling spices

Cook, stirring until sugar is dissolved. Bring to boiling. Remove from heat; pour over the green beans. Lightly toss together. Cool. Refrigerate overnight.

To serve, drain beans; remove the onion. Put beans into salad bowl or serve on lettuce-lined individual salad plates. Garnish with thinly sliced onion rings and pimiento strips.

MARINATED TOMATOES

Into a shallow dish slice peeled ripe tomatoes. Cover lightly with thinly sliced scallions and green tops. Sprinkle with salt and, if desired, with a bit of dried basil. Pour French dressing over all. Refrigerate. To serve, drain tomatoes and place on lettuce leaf.

P.S. Whole ripe olives or sliced avocados or cucumbers can be substituted for the scallions.

MARINADE FOR RIBS

¾ cup hot water
1/3 cup soy sauce
¼ cup honey
2 tablespoons salad oil
2 tablespoons lemon juice
4 cloves garlic, crushed.

Combine ingredients. Marinate ribs for 24 hours. □

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LITTLE THEATRE

By Linda Crow

The Little Theatre's spring musical, *BYE BYE BIRDIE*, was a resounding success! All those who worked on it had a wonderful time and learned a great deal about play-making. However, the members of Little Theatre do not rest long on past laurels. A new Executive Board of Directors has been elected and/or appointed, and the next theatrical year is in the planning.

New officers of Little Theatre are: President, Ed Mahon; First Vice President, Chris Barbor; Second Vice President, Sandy Snodderly; Secretary, Leslie Zeile;

Treasurer, Barbara Taylor.

Appointed members of the Executive Board are: Technical Director, Donald (Red) Layton; Properties Director, Mary Scallorns; Publicity Director, Dian Russell; Membership Director, Allison Tibbitts; Make-Up Director, Milly Kunz; Lighting Director, Jack Peeke; Script Director, Carol Benefiel; Directors-At-Large, Linda Crow and Wendy Godfrey.

Planning has begun for the summer children's production. The play will be selected before this edition of the *CLASSMATE* is out. Tryouts will be held

July 6th and 7th at 7:30 p.m. in King Hall. Show performances will be August 13, 14, 20 and 21 at 2 p.m. in King Hall. Be on the lookout for posters and other publicity with more additional information about try-outs and the show itself.

If you have any interest in learning about theatre, please contact president Ed Mahon at 649-0472 or membership director Allison Tibbitts at 375-6729. Our two primary goals are to have fun and to learn about theatre by putting on plays — absolutely no experience is necessary, and we love members of all ages. □

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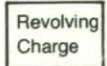
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WHERE IT'S HAPPENING

By Linda Shoaff

If anyone is depressed at having to start up the school grind again after a nice break, cheer up because many distractions are available! So much is going on in July that it would be an injustice not to throw the books down occasionally and take advantage of some of the events. There's everything from the rodeo to the Bach Festival, so no matter what your taste, there's no reason not to enjoy July. Have fun!

July 1, 2, 7-9, 14-16, 21-23, 28-30 **Annual Shakespeare Festival:** *Romeo and Juliet*. Forest Theatre, Carmel.

July 6-17 (Excluding Mon. & Tues.) *Oklahoma* will be presented by Hartnell College's summer theater at the Main Stage, Performing Arts Center, Hartnell College (Salinas). All shows are at 8 p.m. except for Sunday matinees at 2 p.m. Cost is \$3.50 for adults and \$2.50 for students.

July 14-17 (Thurs.-Sun.) **California Rodeo**, North Main St., Salinas. Bucking broncos, roping steers, bulldogging, lassoing, etc. In addition, there's a big carnival held at Carr Lake near the freeway and drive-in theater.

July 15-31 (Excluding Mon. & Tues.) The French farce, *A Flea in Her Ear*, will be staged at the Studio Theatre, Performing Arts Center, Hartnell College, Salinas. Admission for adults is \$2.50 and for students \$1.50. Showtime is 8 p.m. except for Sundays, when matinees are at 2 p.m.



July 16-17 (Sat. & Sun.) **Obon Festival**, Monterey County Fairgrounds. This Japanese festival features ancient Japanese folk dances, Bonsai, wrestling, a tea ceremony, and booths with many articles for sale.

July 18-31 **40th Annual Bach Festival** in Carmel. A highlight will be Beethoven's opera *Fidelio* in concert form, starring tenor Jess Thomas. Other works by Mozart, Bach and Haydn will be presented.

Watch the newspaper for times and schedules. The festival office phone is 624-1521.

July 21 (Thurs.) **OSWC Welcome Aboard Coffee**, 7:30 p.m., La Novia Room.

July 23, 24 (Sat. & Sun.) **Indian Art Show**, Monterey County Fairgrounds.

July 24-30 **Feast of the Lanterns** in Pacific Grove. The legend is depicted on the pier at Lovers' Point on July 30, with the story broadcast by public address system to viewers in the park. As part of the story, a parade of lighted fishing boats makes its way from the Monterey pier past Lovers' Point. A week of special events precedes the Saturday event.

July 25-Aug. 6 **National Horse Show**, Monterey County Fairgrounds. Afternoon and evening shows.

July 27 (Wed.) Kids' movie *The Computer Wore Tennis Shoes* at the Monterey Youth Center (777 Pearl) from 4:30-6 p.m. Admission is \$.50 and refreshments are sold.

July 29 (Fri.) **OSWC Bus Trip to San Francisco**. The bus leaves from the corner of Spruance and Faragut (La Mesa) at 8 a.m. and returns from The St. Francis Hotel at 6 p.m. Cost is \$7. See **OSWC News** for reservation details. (This is a great way to spend a day!)

July 31 (Sun.) **Scottish Highland Games**, Collins Polo Field, Pebble Beach. There are traditional Scottish games such as the "caber toss," high and low hurdles, high jump, pole vaults, hammer throw, the stone put, and a tug-of-war. There's also a demonstration of sheep dogs at work, and the music of pipes is a highlight.

Note: The Presidio of Monterey Youth Center offers literally scores of activities, classes, crafts, games, trips and sports to its members. Membership is open to all military dependents ages 8-17. Recently a group of Youth Center members had a bicycling trip to Santa Barbara (they drove down, biked around, drove back). There are fishing derbies; hikes around the area; tae kwon do, sewing, photography, leather and many other classes; and tons of really super activities for youth (I wish I was younger). For information on registration and upcoming events, phone Val Liberty, 373-7480 or LCDR Monza, 646-2536. □

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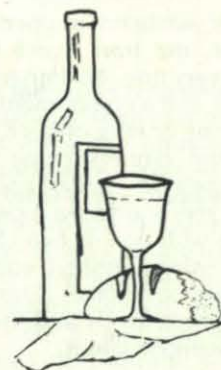


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Dining Out: The Peripatetic Palate

By Lari Johnson



Welcome back! Hope your vacation provided that much-needed break from the books and afforded you the opportunity to try some new restaurants. Let us know what you've found.

Speaking of new restaurants, we discovered a new addition to the area's list, which is an old friend reincarnated and improved. **OZ** in the Cypress Plaza (738 Abrego across from Denny's) is the curious name of this excellent eating establishment. We were so impressed that we returned with friends two days after our first visit. We were initially impressed with the decor. Tables are placed on multi-level mezzanines in this very large room, providing a bit of privacy for every diner. The natural woods, skylights, and numerous plants create a casual ambience further enhanced by the table settings. During the evening, we noted several things that assured us Oz had some connection to the old Iron Horse Saloon (now the Crazy Horse under different management, see below). The Iron Horse had been our favorite restaurant and we had been awaiting its promised reappearance on the Peninsula. Well, it's back, only better.

The menu at Oz is extensive, with enough variety to please anyone. Open from 11 a.m. until 1 a.m., it's great for lunch, dinner or supper. But on to the food — ah, yes. Dinners include soup, salad, fresh, natural bread with three kinds of butter, and the entrée with starch and vegetables. Soon after we had finished our zesty tomato soup, two huge wooden salad bowls arrived accompanied by a large tray laden with shrimp, tomatoes, avocados, red and green onions, bean and alfalfa sprouts, chopped egg, fresh mushrooms, green peppercorns and anchovies. In the bowls, romaine, butter lettuce, endive, and red lettuce, lightly coated with our choice of dressing, awaited the addition of our selected condiments. The salad is mixed, tossed, and served by the waiter. This is

truly a unique and soon-to-be-famous salad.

Next, the entrée. The prime rib was thick, though a bit too rare, and included Yorkshire pudding, twice-baked potato, horseradish and cauliflower *al dente*. The *Les Calmars au Crabe* arrived piping hot in half-an-inch of garlic butter and was so rich only about half was eaten. This was served with rice pilaf and cauliflower. Twelve coffees and four desserts are offered. The old fashioned ice cream sundae comes in a mammoth goblet filled with *homemade* ice cream, bananas, hot fudge, whipped cream and whole nuts. It must contain a pint of ice cream! Capucino is excellent and even the coffee is freshly ground. House wine is Robert Mondavi and the wine list is impressive. Best of all, prices are extremely reasonable (we hope that lasts!) Our bill was \$21!

Everything we tried on the second visit was outstanding as well. Our only two complaints were the slow service and the maitre d'. In all fairness, Oz had only been open one week when we reviewed it, and by now the kinks have probably been ironed out, improving the speed; the waiters were very friendly and accommodating, however. The restaurant's only real fault is the maitre d' whose supercilious attitude is neither appreciated nor necessary. He should be replaced with someone who lives up to the excellence of this establishment.

All in all, we highly recommend Oz — once you go over the rainbow, you'll return again and again.

A visit to **ICHI-RIKI** (1603 Del Monte, Seaside) was not an altogether satisfying experience. While a fairly comprehensive Japanese menu is available, service was erratic (very slow to take our order, then bringing all the courses at once), the food was only average, and the prices were somewhat inflated. Decor is early formica and bright lights. There are better Japanese restaurants. Try the others first.

Return trips to restaurants often provide surprises — both good and bad. We revisited **THE FORTUNE COOKIE** (429 Alvarado St.) and it was even more delightful than the first visit. The food has gotten better, if that is possible. We feasted upon Peking Duck — crispy skin, tender meat wrapped in Chinese pancakes accented with *hoi sin* sauce and scallions — superb!! We were sorry we had waited so long to try this delicacy. Sizzling rice soup really sizzles when hot deep fried rice cakes are dropped into the broth. Butterfly shrimp wrapped in bacon and sautéed in egg batter and the Buddha's Delight were excellent, also. There were only pleasant surprises on this return visit. If you haven't tried the Szechwan cuisine, do so soon.

Unfortunately, a return trip to **SANCHO PANZA** (590 Calle Principal) was one trip too many. What a disaster! Apparently there have been changes in management or ownership, but whatever has happened has been for the worst. What a waste of a lovely setting. The food was worse than canned, the tacos literally swimming in grease with very little meat — they were impossible to eat. The re-fried beans and rice were actually black on top and hard as rock from being left under the heat lamp too long. Everything was awful, especially the service. Since it took 40 minutes to get our lunch, we had no time to send the food back and go somewhere else. We had to request water, our beverage, even napkins, again and again. The only time the "waiter" was prompt was when he shoved the check under our noses while we were still attempting to eat. To add insult to injury, the prices have gone up — you know, pay more, get less! Eat here at your own risk — you have been warned.

Both lunch and dinner at the **CRAZY HORSE SALOON** (in the Ramada Inn on Munras) were a delight. Here you'll find the biggest and most scrumptious salad bar on the Peninsula. It is chock full of

crisp greens, fresh fruits and vegetables, several salads, shrimp and tuna, cheeses, condiments and more. A lunch of unlimited trips to the salad bar, bread and a beverage is \$2.95 and a bargain. A regular luncheon menu is also available.


Dinner, while not as good as their predecessor, the Iron Horse (see above), was still very fine. All dinners include the salad bar and a complimentary carafe of house wine or mug of beer. Portions are ample and dinners come with starch, fresh vegetables, bread and honey butter. The menu offers a nice selection of favorites with one or two chef's specials each evening. Dessert and coffee are extra as in most places. Our bill was \$23. Decor here is lovely and the service has always been excellent.

Sunday brunch at another of our old favorites, **THE GENERAL STORE AND FORGE IN THE FOREST**, in Carmel was outstanding! Repeated visits to the General Store have always been successful. We recommend that you start with a Carmel Fog — similar to a Ramos Fizz but made with Chablis — delicious. But beware, it goes down much too easily. The brunch menu is as interesting and appealing as their lunch and dinner menus. We ordered the omelette with Roquefort and avocado. It was sinfully rich with large chunks of cheese and avocado inside the light omelette. Our other selection called Eggs Rancheros contained two sunny-side-up eggs, sausage, black beans and guacamole — yum. Bread and butter are refilled as often as needed. The prices are reasonable, the portions huge. What could be better than brunch on a sunny patio to start the day?

We took a drive to Watsonville one evening for dinner at **EAST LAKE STATION** (370 East Lake Blvd.). You see, we are constantly seeking new dining adventures for our readers. Located in a refurbished and cleverly decorated former gas station, this was a jewel of a discovery.

The lunch and dinner menu are one so we were able to take a look at both; each was varied and appealing. For dinner, we selected lemon pepper steak with mushrooms, vermicelli with white clam sauce, and chicken cacciatore. Dinner included barley soup, tossed salad, and fresh bread. Our entrées were excellent, but the desserts were even better! We highly recommend the mud pie, apple torte, and lemon rolls royce, ummmm! The bill was \$16! If you are in the area, or feel like dining away from the Peninsula, don't miss East Lake Station. Take the Watsonville exit (SR 152) off US 1 and follow it to East Lake Blvd.

Don't forget to let us know if there are any restaurants you'd like to have reviewed. □



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Live Wire

By Carol Burgess and Ann Sharp

Q. What is the policy regarding change of family situations, such as a new baby? Can families get larger housing or can additional storage be arranged so as to make room for the new addition?

A. According to the Housing Officer, families are assigned housing larger than they should receive normally so that moving is not usually allowed. However if people do have a real problem they should contact the housing office and each case will be considered on an individual basis.

Q. Some children playing near the corner of Allen Dr. and Bergin Dr. were approached by a man offering them candy. After getting nowhere with the children the man boarded the bus at the public bus stop on Allen Dr. Can anything be done to move the public bus stop away from the playground?

A. CDR Totten from the Public Works office did not feel moving the bus stop would help. It was an isolated incident, he feels.

Q. What kind of insurance, if any, is required while living in La Mesa?

A. Insurance is required while living in housing. The tenant is responsible for property damage caused through neglect. The Government will pay for damage that is proven to be of no fault of the tenant (except broken glass). Tenant's top coverage should be \$40.00 per sq. ft. A competent insurance agent will be able to recommend the type of coverage that is best for each individual situation.

NOTES FROM THE EXCHANGE OFFICER

A request was made for an additional cash register to prevent long waiting lines. The Exchange Officer replied that plans are underway to develop a new layout of the Main Retail Store. Also studies will be made of staffing during prime time, which should result in less waiting time at cash registers. There is no space available for an additional cash register in the Main Retail Store at this time. The Outdoor Store Manager reported a good supply of plastic garbage cans, buckets, etc., for storing water, and an adapter whereby water from washing machines can flow directly through a garden hose for later use. She also has a supply of the free booklet, "What To Do With Your Waste Water." □

Legal-Ease

By LT David Laredo

Q. As a consumer, one experiences frequent problems regarding defective products or unsatisfactory service. Are there any foolproof methods of making a consumer complaint?

A. Business dealings are too complex to allow all-encompassing, never-failing solutions. Nevertheless, certain consumer practices can aid the satisfactory resolution of a consumer complaint.

The best solution, naturally, is to avoid the need to complain. This begins by limiting one's business dealings to reputable persons. A moment of forethought can avoid hours of remorse. Check with the local Better Business Bureau or Chamber of Commerce to uncover those persons who do not hold high business ethics. The best reference, of course, is a satisfied customer, preferably someone that you know. If you have doubts, ask the businessman to name several of these. When first looking for a service or product, solicit information from your friends. Their misfortune can steer you away from shoddy businessmen.

Once you begin your business relationship, get all promises in writing, and keep a proper record of them. Most complaints involve misunderstandings as to the nature or extent of the promise. Verbal promises may have no effect if made at the same time as a written contract. Keep in mind that the individual who makes that verbal promise may not be the one who later renigs on it. Your landlord may sell his property to another, your car salesman may not be at the dealership when your Widget wears out, and the contracting firm may send a different plumber on the second call.

After a written agreement is made, keep a file on that subject. Add any subsequent receipts, warranties, newsletters or correspondence regarding the business deal. Frequently a dispute revolves around one party's reliance upon another's statement. Resolution of this type of complaint is straight forward with appropriate documentation. Without it, a successful complaint is difficult, if not impossible.

Q. Valid complaints do arise with reputable businesses, though. If my precautions weren't effective, how can I effectively make a complaint?

A. To be effective, your complaint should begin on an appropriate level. No state agency will take action if you have not yet called the business which pro-

vided the service or product. There are several steps in the complaint process. Begin at step 1 and, if needed, pursue your complaint to its ultimate resolution. Do not skip steps, however, as this can frustrate the effectiveness of your complaint.

Step 1: Return to the point of the sale. Make your complaint to someone in charge. Do not talk to sales personnel, but talk to the most senior individual available.

Step 2: Go to the top. Do this in writing. Address your complaint to the president or owner by name. If you must call, follow this with a written memorandum of the conversation. Include copies of all receipts, bills, checks, etc. Keep your memo short and to the point. Specify the corrective action you are seeking. Do not threaten legal action. If you have been lax in your record keeping, begin a

chronological file of all correspondence.

Step 3: Go outside of the firm on a local level. Contact the Better Business Bureau, and any local consumer group or complaint organization. Send complete copies of previous correspondence. Certain industry groups maintain their own internal complaint centers. Some are excellent sources of assistance; others are not. Each profession has its own board to investigate complaints.

Step 4: By now, you have a real battle on your hands. Nevertheless, several state agencies and industry-sponsored groups may be of assistance. The onus of state action can sometimes convince a reluctant businessman that he is in error. Many organizations exist, but your imagination is the only limit when it comes to soliciting government aid. Don't discount state and national representatives, they may also take an interest in your complaint.



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Step 5: **Go public.** Contact the local paper, write letters to the editor, contact radio and TV sources. Generally, this avenue will be closed to you unless your complaint is well documented, does not overstate your case in the slightest, and is of wide interest. Nevertheless, the adverse publicity may bring fast, effective action.

Step 6: **Take it to court.** Small claims court provides a rapid, inexpensive forum for individuals willing to limit their recovery to \$750. The cost is minimal (under \$15) and no attorneys are allowed. More substantial claims must be made at the Municipal or Superior Court level. This will most likely entail attorney expenses and higher court costs.

Q. You said not to skip steps in the complaint process. Why is that?

A. Remember that the prime objective is the satisfactory resolution of your complaint. You must avoid killing the fly with a sledge hammer. Where a local businessman, upon a simple request, will cheerfully make a refund even when he may not be obligated to do so, he will fight to the bitter end if he feels his reputation or honor is at stake. Most bitter complaint battles have become "points of principle" between the parties. *This must be avoided if at all possible.* By the same reasoning, never threaten to sue. This, too, constitutes "skipping steps," and acts to escalate the matter immediately to Step 6.

Q. What are some of those state and national agencies you mentioned?

A. *State or National Groups.*

State Department of Consumer Affairs
Monterey County Department of

Weights and Measures
P.O. Box 302
Salinas, California 93901
(408) 758-3859

Thomas Chadwick
Consumer Advocate
U.S. Postal Service
(Mail Order Complaints)
Washington, DC 20260

California Attorney General's Office
500 Wells Fargo Building
Sacramento, California 95814
(916) 445-9555

Interstate Commerce Commission
7708 Federal Building
300 North Los Angeles Street
Los Angeles, California 90012
(800) 424-9312

Department of Insurance
1215 15th Street
Sacramento, California 95814
(916) 557-1826

Department of Corporations
1407 Market Street
San Francisco, California 94103
(415) 557-1126

State Banking Department
Suite 750
235 Montgomery Street
San Francisco, California 94104
(415) 557-3535

California Association of Collectors
Suite 529
1107 9th Street
Sacramento, California 95814 □

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focus of the month

THE ANCIENT ART OF POTTERY



Pottery is one of the most ancient and traditional of all the crafts practiced today. Every piece of stoneware is a unique work of art that is beautiful, utilitarian and as individual as its creator. And so it is not at all surprising in our contemporary world of mass-produced commodities that many of us are choosing to make and/or own at least a few treasured pieces of pottery.

It is supposed that ancient peoples first used clay to patch the chinks in their baskets, thus enabling them to carry water from streams to their villages. Perhaps it was after a village fire that they discovered the clay lining of the baskets not only endured, but became stronger when fired. Eventually they built huge

ovens or "kilns" and fired the clay vessels the villagers had been preparing for weeks, often praying to "kiln gods" for the success of the firing.

Pottery techniques have changed little over the centuries. The methods the potter uses today are essentially the same as those of his ancient forebearers, and this natural link with the past is one of the most appealing aspects of pottery.

There are two basic types of stoneware: freeform and thrown. Freeform is sculpting, making pinch pots or forming vessels with coils of clay. Throwing clay is shaping it on a potter's wheel. With



either method, the first step is kneading the clay. This homogenizes it, ensuring even moisture, and releases air bubbles which may be trapped in the clay. Next the clay is shaped. I watched James Frangella of Oak Grove Pottery as he "threw" several cork-pots on the wheel. This seemingly effortless process actually takes much practice, preferably under the guidance of a skilled potter. First the clay must be centered so that the mound of clay will spin on the same axis as the wheel. Then you form an opening well in



the mound and pull the walls to raise them. Letting the clay slip freely through your fingers, you gradually shape it into the desired form. The potter's hands do the work and the feel of the clay is more



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crucial than the eye.

Next the clay must be dried and then bisque-fired and cooled. This makes the clay somewhat hard, but still porous enough to be glazed. Finally the piece is

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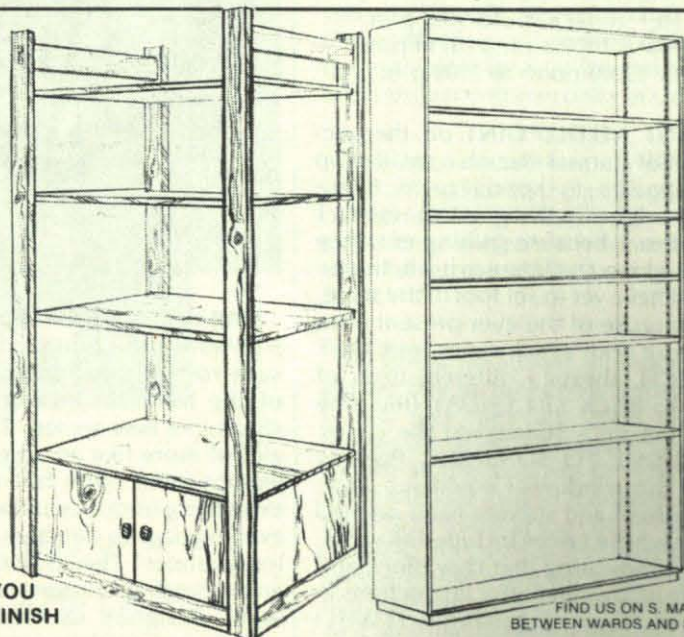
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Needlework Shops in the Area

By Jane L. Johnson



For the needlework enthusiast, especially the needlepoint lover, the Monterey-Carmel area offers an excellent variety of shops featuring everything from ready-made kits to all of the ingredients for a do-it-yourself project. Following is a list of the best shops in the immediate area:

FADS AND YARNS in the Del Monte Shopping Center is a friendly little shop featuring a creditable selection of needlepoint and crewel kits, Paternayan Persian wool, needlepoint canvas and rug-making supplies. They offer a good selection as well as accessories such as pillow forms, hardware for purses and bell pulls, footstools and tote bags. Blocking of needlepoint pieces is done in Los Angeles, so expect about a three week wait for this service. Prices vary according to the size of the piece to be blocked. There are no classes but individual help is gladly offered between customers. Hours of operation are:

M-Th-F 10:00 a.m. to 9:00 p.m.

T-W-Sat. 10:00 a.m. to 5:30 p.m.

Sun. 12:00 noon to 5:00 p.m.

ELEGANT NEEDLEPOINT on the second level of Carmel Plaza is a small shop which appears to specialize in hand-painted, originally designed canvases. I say it *appears* because gaining entrance to this shop is a challenge in itself. In one full year I have yet to set foot in the store, mainly because of the ever-present note on the front door which varies from **OUT TO LUNCH** (always a different time, of course) to **BACK ON FRIDAY** (this one read by me on a Sunday) to the classic **CLOSED DUE TO SUNSHINE**. Peeking through the windows I could see some really unusual and striking hand-painted canvases whose prices included all yarns, and signs indicating that they block and assemble pillows and offer instructions in all stitches. Hours of operation???? WHO KNOWS!!!!

CARMEL NEEDLEPOINT AND YARN SHOP is located in El Paseo Court on Dolores & 7th Avenue in Carmel. This is one of the few shops that seems to offer knitting yarns and supplies as well as everything needed for needlepoint and crewel embroidery. There's a good selection of kits and original painted canvases and latch hooked rugs. Instructions and assembly services available. Hours are:

Mon. & Sat. 10:30-4

T-Th-Fri. 10:30-5

DANISH EMBROIDERY SHOP is located at 6th Avenue and Dolores in Carmel. This delightfully different little shop specializes in beautiful Danish embroidery with particular emphasis on imported items, such as kits for bell pulls, pillows and hand-made petitpoint purses. There is also a fair selection of conventional domestic needlepoint kits and canvases, as well as yarns and blank canvas. No formal classes are offered but individual help is gladly given. Pillow mounting is also available, but not on boxed pillows. Hours are 10 to 5 daily except Sunday.



CARMEL NEEDLEWORKS at Lincoln & 5th Avenue in Carmel is a veritable treasure trove for needlepoint lovers and one of the most fascinating and beautiful shops I've ever visited. The first floor is almost more like an art gallery of needlepoint items, with brilliant displays of everything from elegant (and expensive!) evening bags to directors chair covers to tennis shoes! The second floor features an enchanting Christmas room with originally designed Christmas stockings, wreaths and wall hangings and numerous



tree ornaments, to mention only a few items. There is also a "rug room" with some of the most gorgeous one-of-a-kind rugs I've ever seen. There is Persian wool, Elsa Williams tapestry wool (not easy to find on the West coast — I've looked!), silks and matte finished threads, gold and silver cloisonne and a Carmel Needleworks exclusive — a velour yarn that works up like velvet to add an interesting and unusual texture to your needlepoint. Crewel and needlepoint kits are in abundance and there's usually a sale basket with some good buys. No formal classes here but full sewing and assembling service is available. Hours are 10 to 5:30 daily, Sunday 12 to 5.□

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All That Glitters

By Nancy Lemke

Having always been interested in art work, I arrived eagerly on the Monterey Peninsula expecting to find unknown Picassos and soon-to-be-discovered Wyeth paintings on every street corner. I had heard from many people that Carmel was one of the art centers of the West and a marvelous place to not only purchase good art but also learn new techniques from innovators. Well, I've been here for over a year and have discovered that Carmel is not all it's cracked up to be. Yes, you can find truly creative artists here and their work, but you have to search for them.

This brings me to the age-old question of what is good art. Since it is almost impossible for any two people to agree on this question, it is safer to start with what it isn't. If you buy a painting of a blue sailboat one week, and the next week your neighbor brings home the same picture except that the sailboat is now red, it

should be a clue to you that the artist was more interested in sales than creativity. This has happened in Carmel. Sailboats sell well in seaside communities. So do seascapes. Therefore, unfortunately, these subjects are often repeated and not very well. Good art is a unique expression from an artist. It requires an original interpretation of a subject that is portrayed in a creative manner. Doing the same thing over and over just because it sells is neither innovative nor creative. It is taking advantage of a naive public. One well-known local artist whose seascapes sell like hotcakes actually admits that he redoes the same basic compositions again and again. In fact, you choose the painting you like in his gallery, order it, and he whips out another one in a day or two and delivers it to you. His justification is that even though the picture is about the same, it is an original in that the brush strokes are slightly different in

each copy.

Many people feel the whole debate about good art is irrelevant. If a person likes a picture, what difference does it make how it was produced? The difference is that people should not have to pay exorbitant prices for commercial paintings. But because of Carmel's reputation, many galleries can get away with selling things at more than they would be worth elsewhere. I understand that at times in its history Carmel has merited this reputation, but its art colony is in a commercial period now.

So, now that you know that all that glitters is not gold in Carmel, how can you seek out the artistic innovators in this area? There are two good ways. First, you can visit the local art museums and find out what local artists' works have been chosen to hang there. Museum judges are much more qualified than most of us to select quality work. Examine what you see in the museum, and if the style of a painter appeals to you, find out from the museum how to contact him. Good artists are usually very willing to show you their work. Being truly creative is not often lucrative, and your interest is appreciated. Also, if you buy directly from the artist, you save the 40% or more markup that galleries charge. You may still have to pay a fair price for the work you purchase; however, at least you have the satisfaction of knowing that you are getting a piece by an artist who is critically and not just commercially acclaimed.

The second method of discovering good art is to go to the art department at colleges. They usually display their most promising students' work which may often be purchased for a very reasonable price.

All this is not meant to imply that you should buy pictures only because some expert says they are good. The main reason for selecting a piece of art work should be that you like it. However, the next time you look at paintings consider more than whether the colors match your curtains; ask yourself if you are paying an unreasonable price for a trite repetition that took the artist a few hours to zip off, or a reasonable fee for an artist's unique expression. □

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Lots of Arts and Crafts Courses Offered By the Peninsula's Adult Schools

By Carolyn Quinn

An economical and talented source of arts and crafts instruction on the Peninsula is the adult school, which offers many courses during fall, spring and summer semesters. Adult schools are located in Monterey, Seaside, Pacific Grove and Carmel. The prices for the courses range from \$1.50 in Monterey to \$5.00 in Carmel. Registration takes place during the first class session. Monterey Parks and Recreation offers a number of courses as well.

In the Monterey area, courses are offered in photography (black and white and color), arts and crafts, sewing, needlepoint, figure sketching, painting, calligraphy, spinning and dyeing, pottery and woodworking. Some courses are held in the evenings and some during the day. Fees are \$1.50 (some require a lab fee as well) with the exception of the fee for the sewing courses which is \$3.00. More information may be obtained by calling 649-7386 in the evening.

In the Seaside area, evening courses are offered in sewing, oil painting, jewelry making, drawing and painting, and woodworking. Fees for sewing and woodworking are \$3.00. All other courses may be attended for a fee of \$1.50. For more information call 649-7188 in the evening.

Day and evening classes may be taken in Pacific Grove for a fee of \$4.50, plus an additional charge for supplies. Classes offered are sewing, machine woodworking, calligraphy, creative expression through art, introduction to stained glass, pottery, seascape painting, basic oils, leathercraft, needlecraft, and jewelry (lost wax casting). For further information call 373-4951, ext. 61.

The Carmel Adult School offers Chinese calligraphy, life drawing, advanced painting, color and composition, intermediate sketching, advanced outdoor sketching and wash drawing, intermediate watercolor, advanced outdoor watercolor, painting (watercolor, oil, acrylic), beginning and advanced portraits, art/painting techniques, photography, creative clothing, fabric workshop, beginning and advanced pottery, craft workshop, spinning and dyeing, weaving, sewing, sewing with knits, needlecraft, expression through art and

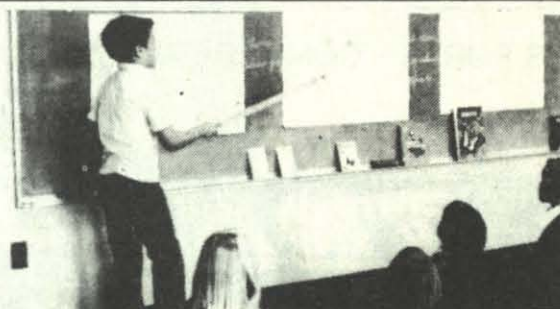


ceramics/sculpture. Courses are given both during the day and in the evenings. The fee for all courses is \$5.00 plus an additional \$3.00 for crafts and life draw-

ing. For further information call 624-1714, daily 9 a.m. to 4 p.m.

The summer session for the adult schools began in June and will run through August. Not all courses listed are offered in the summer. Fifteen or more students are required to keep a course open; so when you enroll, bring a friend.

Monterey Parks and Recreation offers courses in crafts for kids, batik and bonsai. Spinning and dyeing, pottery, figure drawing, adult art are also offered in conjunction with Monterey Adult School. All are daytime classes except figure drawing and bonsai. The summer courses began in June and will run through August. Fees are \$1.50 except for bonsai which is free and crafts for kids which is \$10.00 for residents and \$12.50 for non-residents. A kids crafts, cooking and fun course is offered for kindergarten to second grade children and is \$12.00 for residents and \$15.00 for non-residents. For more information call 372-8121, ext. 281. □



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New Art Form Receives Just Recognition

By Nancy Lemke

Fiber art is a relatively new and exciting discipline that is finally receiving its share of acclaim. Ever since women were no longer required to weave cloth and sew their own garments, they have been free to experiment with this media with a purely creative purpose. Its current success is exemplified by the two large tapestries that were commissioned to be part of the permanent art collection of the new Monterey Conference Center.

Fiber art can be broken down into about 30 techniques, extending from macramé to embroidery to basket-making. Many pieces combine two or more of these to create pleasing products. The wide variety of materials that can be used, such as yarn, metallic thread, cellophane and leather, combine with the different techniques to create an infinite number of textures and forms. This is where fiber art gets its excitement.

The Monterey Peninsula is fortunate to have some very innovative and successful workers in this field. The most stimulating display of fiber art in the area can be found at a gallery called simply "fibers."

It is located in the Pacific Grove Art Center which is upstairs at 568 Light-house in Pacific Grove. Although it is only a small gallery, its works are well displayed. An album has photographs of pieces that are also available as well as bibliographies of the artists. A visit to "fibers" gives a good idea of the range available in fiber art. Traditional weaving techniques hang next to whimsical, ethereal soft sculptures as well as sophisticated forms made of leather, raffia and feathers.

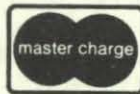
Inspiration for appliqué and stitchery enthusiasts can be attained at the Henderson Gallery at 712 Hawthorne in Monterey. It has a collection of wall hangings by the late Martha Mood. In a delightful semi-primitive manner Ms. Mood combined many types of fabrics with old buttons and stitchery to create bright, cheerful pictures. Most of her stitcheries were then reproduced in tapestry to recreate the exact colors of the original work. These are interesting but less exciting than the many-textured originals.

Interested in making your own fiber art



pieces? Monterey Peninsula College offers several excellent courses: weaving, home crafts, and spinning and dyeing where you learn to make and color your own yarn. Workshops are offered through the Fort Ord craft center and OSWC's pink flyer. There have also been a myriad of books printed recently on the various techniques.

Whether you are interested in just looking at fiber art pieces or would like to create them, the Monterey Peninsula has many opportunities for you. □



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Fort Ord Arts and Crafts Center —



This artist is applying a glaze to one of his pots which was later included in a display at the Crafts Center.

If you want to learn the delicate art of glassblowing or if you need a place to perfect your painting technique, then the Fort Ord Arts and Crafts Center may be your answer. From sculpture to auto repair, the Fort Ord Arts and Crafts Center has something for everyone. Sponsored by the Recreation Services Division, the Arts and Crafts Center has facilities and classes that are open to military personnel, dependents and retirees in the Monterey area. There are fees charged for the use of some facilities and special interest classes but these are a bargain considering the equipment and instruction that is provided.

A unique feature of the Arts and Crafts Center is the Art Gallery which is located in the main shop. The gallery presents monthly exhibitions of the work of artists from all over the country. Most of the work exhibited is for sale with 20% of the price going toward the operation of the craft program. During June the gallery displayed a contemporary fiber exhibition that contained many interesting creations offered at reasonable prices. There is always something on display in the gallery and it is open to the public. Displays are changed every month, usually around the first of the month.

Family days are offered every Saturday morning from 10 a.m. to 12 noon in the areas of enameling, art, pottery, jewelry and leather. Children between the ages of 10 and 13 may work in those areas when accompanied by a parent. Children must be 14 years of age to work independently in the Arts and Crafts Center, except in the Wood and Auto Shops where 16 is the minimum age.

The Auto Crafts Shop is a sponsor of FORTS, the Fort Ord Rally and Touring Society. For information on events or on joining the club, contact Doug Giles in the Auto Shop (242-2758).

The Arts and Crafts Center occupies five buildings between 2nd and 3rd Avenues at 8th Street. (Refer to the map for relative location and building numbers.) For general information, call 242-3584 or 242-3707. For information on a specific class or activity, call the individual shop director. Telephone number for Art, Jewelry and Lapidary is 242-3584; Photo is 242-2496; Ceramic is 242-3983; Auto is 242-2758; Wood, Leather and Sculpture is 242-2084.

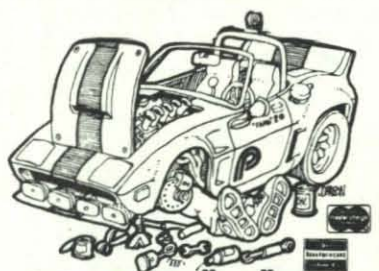
If you are interested in any of the classes at the Arts and Crafts Center, call the center to register for the class. Many classes are limited in size and are filled on a first-come basis with active duty military receiving priority. Classes may be cancelled if sufficient students do not register. New classes are offered periodically with announcements available at the main shop. A sales store that carries various supplies is also in operation at the main shop.

Instructors are available at all times in the Leather, Wood and Auto Shops; the other facilities provide instructors only during scheduled classes. Hours of operation for the various shops are as follows:

Arts and Crafts Center, Gallery, Bldg. 2250

Ceramic Craft Shop, Bldg. 2252
Mon.-Wed.

2 p.m.-5 p.m.
6 p.m.-9:30 p.m.



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- Convenient Terms

Something for Everyone

By Janie LeRoy

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Jewelry Craft Shop, Bldg. 2240
Photo Craft Shop, Bldg. 2241
Leather Shop, Wood Shop, Bldg. 2252
Mon.-Wed.

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Closed
10 a.m.-5 p.m.
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Dick Puckett, director of the Arts and Crafts Center, urges everyone to visit the center and see what is available. The staff is happy to answer any questions and help you with your creativeness, whether you are a beginner or experienced at your art.

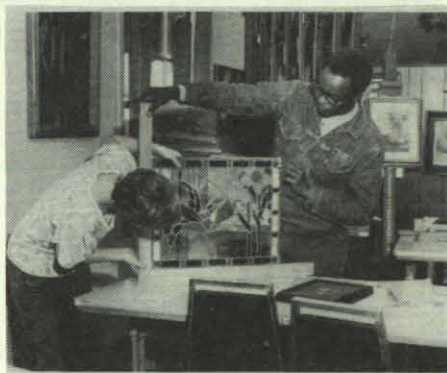
Following is a list of classes that are available in July and August. The classes are divided into three categories — ongoing classes, special interest classes and classes for kids.

ONGOING CLASSES — These classes meet once a week at the same time and for the most part are beginning or introductory classes. Advanced students may use the time to work on their own. You may come as many times as you like to these classes; however, one class is required in ceramics, porcelain, glassblowing and basic oxy-acetylene welding.

Class	Location	Time
Glassblowing	Ceramic Shop	7 p.m., Mon., Wed.
Ceramic Pouring	Ceramic Shop	7 p.m., Mon.
Basic Oxy-Acetylene Welding	Sculpture Shop	7 p.m., Mon.
Porcelain	Ceramic Shop	7 p.m., 2nd & 4th Tue.



The macramé class teaches you how to make knots beautiful.



This student made her stained glass creation in one class and is learning to frame it in another.



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Crafts made by class members are displayed in the Art Gallery.

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Rudi Marzi

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Basic Candlemaking

Life Drawing
Introduction to Leather

Ceramic Shop
Leather Shop
Leather Shop

Art Dept.
Leather Shop

7 p.m., 1st & 3rd Tue.
6 p.m., Thurs.
7 p.m., Wed.
July 13, 27, Aug. 10, 24
7 p.m., Wed.
6:30 p.m., Tue.

SPECIAL INTEREST CLASSES — These classes are offered as a supplement to the ongoing classes. Though instruction is of a more specific nature, these classes are open to beginning students and in many cases are structured to give the beginner an understanding of fundamental techniques.

Class	Location	Time
Still Life Painting	Art Dept.	7 p.m., Mon July 11-Aug. 1 Aug. 8-Aug. 29 7 p.m., Wed. Aug. 9-Aug. 30 7 p.m., Wed. July 27-Aug. 17 7 p.m., Wed. Aug. 24 & 31 7 p.m., Mon. July 25-Aug. 29 7 p.m., Wed. July 27-Aug. 31 7 p.m., Tue. Aug. 16-Aug. 30 11 a.m., Sat. Aug. 6-Aug. 27 11 a.m., Sat. July 16 1 p.m., Sun. Aug. 7 10 a.m., Sat. Aug. 13 2 p.m., Sun. Aug. 14 1 p.m., Sun. Aug. 14-Aug. 28 7 p.m., Tue. July 12-July 26 10 a.m.-4 p.m., Sat. 1 p.m.-4 p.m., Sun. July 16 & 17
Picture Framing	Art Dept.	
Color Processing	Photo Lab	
Photo Mounting	Photo Lab	
Hand Building Techniques (Pottery)	Ceramic Shop	
Wheel Throwing Techniques (Pottery)	Ceramic Shop	
Lost Wax Casting	Jewelry Shop	
Jewelry Fabrication	Jewelry Shop	
California Rocks and Gems	Jewelry Shop	
Jewelry Design	Jewelry Shop	
Basketry Workshop	Main Shop	
Candle Dipping and Carving	Leather Shop	
Limoges (Enameling)	Main Shop	
Macramé	Main Shop	
Loom Workshop	Main Shop	

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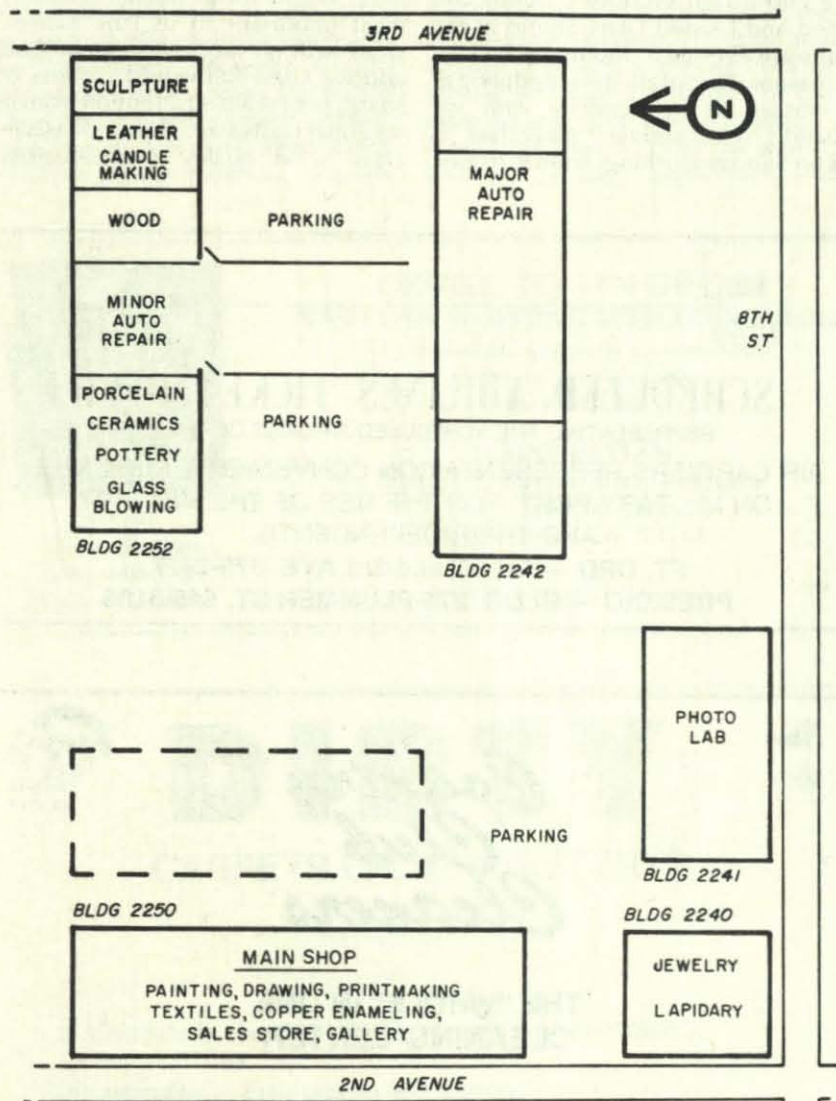
Sunday 10-6

625-2550

— The Peninsula's Big Bookshop —

CLASSES FOR KIDS — These classes are designed specifically for the age group listed with each class. Each class is limited to ten students.

Class	Age Group	Location	Time
Leathercrafts	9-14 years	Leather Shop	3 p.m.-5 p.m., Mon. July 11-Aug. 15
Sculpture	12-15 years	Sculpture Shop	3 p.m.-5 p.m., Tue. Aug. 2-Aug. 30



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